

# The Saluki Watch Dawg



February 2021

SIU Department of Public Safety

Vol. 8 Issue 2

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## COVID-19 SPRING 2021 PLAN

SIU Carbondale has always focused on providing a quality education in a safe and welcoming environment. Due to the COVID-19 pandemic, planning for spring 2021 has incorporated a special emphasis on the health and safety of our community.

To develop our plan, we sought input from faculty, staff and students; gathered information from other colleges and universities; reviewed recommendations from state and local health agencies; and consulted frequently with our own local health officials and School of Medicine experts. In short, we are moving forward with broad input and the most current health and safety guidance available to develop a plan that will work best for our campus and community.

The current outline of the plan is available at [siu.edu/coronavirus/spring2021](http://siu.edu/coronavirus/spring2021). Additional information is included in the FAQ on the university's [coronavirus website](#). In some cases, faculty and staff teams are working on more detailed plans.

Please note that every day, health experts learn more and more about COVID-19 and how to minimize its spread. Our plans may change as new information is available and as state and health agencies adapt their guidance and direction.

Questions and feedback may be directed to [pandemicinfo@siu.edu](mailto:pandemicinfo@siu.edu).

## SIU Campus Resources

### [SIU Police](#)

618-453-3771

### [Parking Division](#)

618-453-5369

### [Counseling Center](#)

618-453-5371

### [Wellness Center](#)

618-536-4441

### [Student Health Services](#)

618-453-3311

### [Night Safety Transit](#)

618-453-2212

## Carbondale Resources

### [Carbondale Police](#)

618-457-3200

### [Women's Center](#)

618-529-2324

### [Memorial Hospital](#)

618-549-0721

Are you looking for information from the SIU Police Department about things happening on campus? Check us out on Facebook and "like" our [Southern Illinois University—Carbondale Police Department](#) Facebook page. You can also follow us on Twitter at [SIUC Police](#). We provide information regarding local events, safety tips and press releases for major incidents. You can also send us your questions through private messages and tips on any recent crimes that have taken place.

[Facebook.com/siuc.dps](https://www.facebook.com/siuc.dps)

[twitter.com/SIUC\\_Police](https://twitter.com/SIUC_Police)

[Crime Prevention & Programs](#)

[Report Suspicious Activity](#)

[Campus Emergency](#)

[Response Guide](#)

[Night Safety Transit](#)

[Campus Map](#)

[Parking Map](#)

[Daily Crime Log](#)

[FOIA Request Form](#)

[SIU Campus Crime Report](#)

[Safety Awareness Facts and Educations](#)

## WHAT IS STALKING?

Stalking is a pattern of behavior that makes you feel afraid, nervous, harassed, or in danger. It is when someone repeatedly contacts you, follows you, sends you things, talks to you when you don't want them to, or threatens you. Stalking behaviors can include:

Knowing your schedule.

Showing up at places you go.

Sending mail, e-mail, and pictures.

Calling or texting repeatedly.

Contacting you or posting about you on social networking sites (Facebook, Twitter, etc).

Writing letters.

Damaging your property.

Creating a website about you.

Sending gifts.

Stealing things that belong to you.

Any other actions to contact, harass, track, or frighten you.

If you think you are being stalked, contact local law enforcement, any Campus Security Authority, SIU employee, or the Office of Equity and Compliance.

### Feb. Comic Strip

MEAL TIME - LIKE THAT OPERA BY R KELLY

SOMETIMES IT'S IMPORTANT TO TAKE TIME OUT TO LOOK AFTER YOURSELF. TRY DEEP BREATHING, YOGA, GO FOR A WALK, GET SOME FRESH AIR!

NEVER BE AFRAID TO TAKE TIME OUT OF YOUR BUSY WORK DAY TO PRACTICE SELFCARE. IT CAN BE A MINUTE, AN HOUR, REALLY ANY AMOUNT OF TIME YOU CAN MAKE FOR YOURSELF.

DIGITALMEAL.COM.AU/MEALTIMECOMICS

THIS IS THE THIRD TIME THIS WEEK. I NEED STAPLES JEFF.

SELF CARE!!

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## REQUIRED EMPLOYEE TRAINING

All faculty, staff and student employees should have received an email from Everfi-Foundry.net indicating that they have been registered by the university to complete "Preventing Harassment and Discrimination for Higher Education ."

The online, interactive course is required and should be completed within 60 days from the date of email. Additional information and a link to the course are included in the email.

Some may have been enrolled in an additional training concerning the role as a Campus Security Authority.

Contact the Office of Equity and Compliance at [odetraining@siu.edu](mailto:odetraining@siu.edu) or 453-4807, with questions about the training.



### Additional Resources

[Office of Equity and Compliance](#)

618-453-4807

[Dean of Students](#)

618-453-2461

[Student Rights and Responsibilities](#)

618-536-2338

[Saluki Cares](#)

618-536-2338

[Salukis on Your Side](#)

618-453-3311

[Veteran Services](#)

618-453-1335

[The Clinical Center](#)

618-453-2361

### Meet An Officer



Officer Bill Dozier

## PERSONAL SAFETY

There is no one sure way to prevent violence against a person because every situation is different. However, there are steps you can take to reduce the risk of being targeted. Risk awareness, reduction, recognition, and avoidance strategies can be implemented into your everyday life.

The following strategies are not demands from the police, but they should be thought of as considerations. Evaluate and apply each strategy to your own life and situation with specific circumstances.

### Be Aware

Do not ignore the fear or crime, instead, face it with courage. Too many believe crime will not happen to them, causing a person to not be mentally alert to their surroundings and prepared to react. When you go somewhere, have a route planned. Walk with confidence, head up and looking around for suspicious people on your route. Do not wear headphones on/in both ears, as you cannot hear what's around you. Develop a plan of action if something happens to change your original plans, something happens to you, or you need help.

### Reduction Strategies

Keep your room/house doors locked, including bathroom doors in suite style accommodations. Get to know your roommate(s) and any guests in your room. Do not allow anyone into the building you do not know. Do not loan your keys to anyone. If your keys are lost, report the lost keys immediately for replacements.

Try to park in a well-lit area whenever possible. Remember where your car is parked so you can get there without delay. Visually check your vehicle and the area around it before getting in. Once inside the car, lock the doors. Turn your car on and leave. Keep your valuables out of sight.

If you meet someone and would like to see them again, get their phone number – this puts you in control. Always get the name of the person you are dating. Nicknames do not identify a person. Consider meeting at a public location and drive yourself to that location. Make sure a friend knows where you are going and who you are meeting.

### Recognition

Using the strategies above, identify areas that you need to improve. Recognizing areas of improvement will make you think about personal safety in all situations. Recognize a problem, find a solution, and learn to avoid possible dangerous situations.

### Avoidance

Your overall awareness will increase reaction time; however, placing obstacles between you and a dangerous situation will allow you to plan for alternate routes or call for help. Obstacles can be anything physical in the environment, friends, beliefs, the police, or anything that put something between you and potential harm.

The ONLY confrontation you are GUARANTEED to survive EVERY TIME is the one you are never involved in.

*R.A.D Systems of Self-Defense*



## Follow Us!

Please "like" our Southern Illinois University- Carbondale Department Facebook page. You can also follow us on Twitter at [SIUC Police](#). We provide information regarding local events, safety tips and press releases for major incidents. You can also send us your questions and tips, about any recent crimes that have taken place, through private messages.

[Facebook.com/siuc.dps](https://www.facebook.com/siuc.dps)

[Twitter: @SIUC Police](https://twitter.com/SIUC_Police)

## SIU CONFIDENTIAL ADVISOR

SIU Student Health Services provides services dedicated to the health and well-being of students. Rebecca Gonnering is the Confidential Advisor for SIU and works for Wellness and Health Promotion Services located within the Student Health Center. Rebecca is dedicated to providing victim-centered support to SIU students that have experienced gender based violence (i.e., sexual assault, dating violence, domestic violence, and stalking). The goal is to help students find the support, resources, and information needed to safely continue their studies.



### Rebecca can help students in the following ways:

- Changes to on campus living arrangements
- Changes to on campus work assignments
- Accessing academic support
- Changes to dining assignments
- Transportation assistance
- Filing reports and discussing reporting options
- Obtaining protective orders
- Notifying local law enforcement
- Resources and referrals to other services including medical care, counseling services, legal resources and more

To schedule an appointment, please go to the [Saluki Health Portal](#) call Rebecca at (618) 453-4429. If you prefer, you can stop by and make your appointment in person at Wellness and Health Promotion Services across from the Check In desk on the first floor of the Student Health Center.

### Newsletter ideas or topics

If you have a topic or idea you would like us to consider for a future newsletter please email the idea to Sgt. Allan Willmore at [allaw@dps.siu.edu](mailto:allaw@dps.siu.edu). Questions submitted may be featured in future newsletters. The person submitting the question will not be identified.